



JUBILEE COVID-19 GUIDELINES FOR PERSONS RECEIVING SERVICES CURRENT AS OF AUGUST 5, 2021

Jubilee protocols are based on local COVID infection rates and guidance from public health officials. Visit <https://www.jubileemd.org/covid-19/> for the most current information.

How to Protect Yourself. These precautions are recommended whether or not you are vaccinated.

1. **Wear a mask**
 - a. Wear a mask in indoor public places.
 - b. In general, you do not need to wear a mask in outdoor settings. Wear a mask in crowded outdoor settings and for activities with close contact with others.
2. **Stay 6 feet away from others**
 - a. Inside your home: Avoid close contact with people who are sick.
 - b. Outside your home: Put 6 feet of distance between yourself and people who don't live in your household. Remember that people without symptoms may be able to spread virus.
3. **Avoid crowds and poorly ventilated spaces**
 - a. Being in crowds like in restaurants, bars, fitness centers, or movie theaters puts you at higher risk for COVID-19, especially if you are unvaccinated.
 - b. Avoid indoor spaces that do not offer fresh air from the outdoors as much as possible.
 - c. If indoors, bring in fresh air by opening windows and doors, if possible.
4. **Wash your hands often**
 - a. Wash your hands often with soap and water for at least 20 seconds.
 - b. It's especially important to wash:
 - i. Before eating or preparing food
 - ii. Before touching your face
 - iii. After using the restroom
 - iv. After leaving a public place
 - v. After blowing your nose, coughing, or sneezing
 - vi. After handling your mask
 - vii. After touching animals or pets



5. Monitor your health daily

- a. Take your temperature and check for symptoms each morning and night.
- b. Your direct support professional will record your temperature and symptoms on a chart provided by Jubilee.
- c. If you have a temperature between 99 and 100, you should take your temperature again in two hours.
- d. If you have symptoms or a temperature above 100, your direct support professional will contact the Jubilee nurse and your Program Manager. The nurse may tell you to see a doctor.

6. Visits

- a. Visitors must complete a form answering a few questions before an indoor visit at a home or apartment where Jubilee provides services. This form can be found on the [Jubilee website](#) and will be available at each location. Please give the completed questionnaire to the employee on shift at the start of the visit.
- b. Indoor visitors must have their temperature taken upon arrival. If the temperature is above 99, the visit should be canceled or held outside.
- c. Visitors must wear a mask when visiting indoors.

If you have questions, please ask your Jubilee program manager.