JUBILEE COVID-19 GUIDELINES FOR PERSONS RECEIVING SERVICES
CURRENT AS OF AUGUST 11, 2023

Jubilee protocols are based on local Covid infection rates and guidance from public health officials. Visit https://www.jubileemd.org/covid-19/ for the most current information.

You can protect yourself and others by following these steps.

1. **Get vaccinated.** Vaccination and booster shots provide the best protection from Covid.

2. **Wear a mask if exposed.** Wearing a mask keeps you safer from Covid, especially if you or someone you are with may have been exposed to Covid. It is your choice whether to wear a mask. You can ask others to wear a mask around you. Jubilee staff are required to wear a mask around you if you ask them to.

3. **Avoid close contact when someone may be sick.** Avoiding contact with people who have Covid, whether or not they feel sick, can reduce your risk of catching the virus from them.

4. **Air flow helps** prevent the spread of Covid between people. Being outside and opening windows when visiting with people who may be sick is safer.

5. **Wash your hands often.** Wash your hands often with soap and water for at least 20 seconds.

6. **Monitor your health.** If you have symptoms or a temperature above 100, your direct support professional will contact the Jubilee nurse and your Program Manager. The nurse may tell you to see a doctor.

7. **Visiting with friends and family.** Avoid visiting indoors with people who have Covid or Covid symptoms or have been exposed to Covid.

8. **Covid Exposures.** If you have been in close contact in the past 10 days with someone who has tested positive for Covid:
   a. Notify your support staff.
   b. Wear a mask when indoors with others for 10 days after the exposure.
   c. Get tested for Covid 6 days after your last exposure, even if you don't have symptoms.
   d. If you have symptoms after testing negative, test again.
   e. If you test positive, isolate immediately and follow Jubilee's Isolation Protocol.