



Montgomery County and Maryland services to help guide or provide services to people with disabilities

Program	Ages Served	Services Provided	How to Refer	Residency Requirement	Services Provided Regardless of Immigration Status?
Jubilee Association of Maryland's Breaking Barriers Program	School-Aged Children and Adults	Helps people with intellectual and developmental disabilities navigate the system to access benefits or support services that they may be eligible for.	Email the Community Navigator at bb@jubileemd.org . You can also call or text directly to 240-621-2750 . If you are making a referral, it's best if you share the person's contact info with the Community Navigator so that staff can contact and follow up with the person directly.	Montgomery County	Yes
Autism Waiver Program	Children, ages 1-21	Family consultation, therapeutic integration, respite care, environmental accessibility adaptations, adult life planning and residential habilitation (depending on need).	Families should contact the Autism Waiver Registry at 866-417-3480 to be added to the waitlist to apply for the Autism Waiver when a vacancy occurs. The Registry is a list of individuals interested in Autism Waiver services. The waitlist currently takes about 8-9 years. More information: http://marylandpublicschools.org/programs/Pages/Special-Education/autismfactsheet.aspx	Maryland	No, children must be Medicaid eligible (usually limited to citizens and some permanent residents)
Infants and Toddlers Program	Babies and Toddlers, ages 0-2	Provides evaluation for developmental concerns. Those found with developmental delays are provided comprehensive services.	To apply for services, visit https://referral.mditp.org/ or call the Infants and Toddlers Program at 240-777-3997 .	Montgomery County	Yes, though proof of residency in the county is required
Child Find	Children, ages 3-5	Provides developmental screenings.	Call the referral intake line: 301-947-6080	Montgomery County	Yes, though proof of residency in the county is required
My Turn Program	Children, ages 3-13	Provides information and referral to services and supports that a family may be eligible for. Can provide funding for camps.	Call 240-777-1216 . If no one answers, leave a message, in any language, with the parent's name, contact info and preferred language.	Montgomery County	Yes
Montgomery County Public Schools (MCPS) Special Education Services	Children enrolled in an MCPS school	Provides evaluation for special education services.	A parent can request an evaluation for special education by writing. An email or letter should be dated and directed to the principal or classroom teacher. A sample letter can be found here: https://www.ppmmd.org/wp-content/uploads/2020/12/Requesting-Initial-Eval-for-SPED-11.2020.docx.pdf But, the most basic letter just needs to request an evaluation for special education services. More information on the referral and evaluation process can be found here: http://marylandpublicschools.org/programs/Documents/Special-Ed/IEP/ParentsGuidetoIEPRightsinMaryland.pdf	Montgomery County	Yes

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Parents Place of Maryland	Children, any age	Provides individualized support for navigating the healthcare and education systems. Offers support groups in English and Spanish.	Refer for services using the contact form: https://www.ppmmd.org/contact/ , noting any language preferences.	Maryland	Yes
Respite Coordination	Children and Adults	Respite provides a short-term break for unpaid, live-in, primary caregivers. Families may apply for and receive respite in their own home, or in an approved location (therapeutic program, summer camp or respite facility). Income and other restrictions apply.	Applications are available online and should be submitted to The Arc Montgomery County: https://thearcmontgomerycounty.org/what-we-do/respite/overview-respite.html Questions may be directed by email to Respite@arcmontmd.org .	Montgomery County	Yes, though proof of residency in the county is required
Low Intensity Support Services	Children and Adults	Applicants are selected through lottery, and provided up to \$2,000 for eligible supports and services for people with developmental disabilities.	A person completes an online form to enter the lottery, which is conducted twice a year. If the person's name is selected, they complete a longer application and provide documentation of their residency in Maryland and their disability. More information: https://health.maryland.gov/dda/Pages/liss.aspx	Maryland	Yes, though proof of residency in the state is required
Disability Rights Maryland (DRM)	Children and Adults	Legal services related to special education, healthcare, mental health, housing, transportation, voting, and access to services.	Contact the intake office at 410-727-6352 ext. 0 (ask for "intake"), Monday through Friday, between 9 AM and 5 PM to learn if DRM can assist you. Read the Advocacy Service Plan, to better understand who DRM can serve based on advocacy priorities.	Maryland	Yes
Division of Rehabilitation Services	Students (ages 14-20) and Adults	Pre-Employment Transition Services (Pre-ETS) are available to any student with an IEP, 504 plan, or documented disability. Vocational Rehabilitation (VR) services are available to eligible adults who may need supports and services to find and keep a job.	Complete the online referral form: https://survey.alchemer.com/s3/5391921/DORS-Online-Referral-for-Direct-Input-Into-AWARE	Maryland	Pre-ETS is available regardless of immigration status. VR services are available to people with work authorization or U.S. citizenship.
Independence Now	Adults only	Provides information and referral, advocacy, peer support, independent living skills training, and transition support.	Visit www.innow.org/make-a-referral and fill out the online referral form, noting any language preferences. Or call 301-277-2839 (TDD: Use Maryland Relay: 711) or send email to info@innow.org	Montgomery County or Prince George's County	Yes

Various Maryland Medicaid waiver programs provide people with disabilities services and supports beyond what regular Medicaid offers. For information about each waiver program, eligibility requirements, and how to apply, please visit this link:

<https://health.maryland.gov/mmcp/longtermcare/SiteAssets/Pages/Maryland-Money-Follows-the-Person/LTSS%20Bluebook%202019.pdf>



Support groups and discussion groups for parents and/or individuals with disabilities

Organization	Target Group	Information and Links	Language(s) Offered
The Parents' Place of Maryland	Parents of children living with disabilities or special health care needs	Various groups are offered, see the event calendar at: https://www.ppmmd.org/events/	English & Spanish
Partnership for Extraordinary Minds	Parents of students living with autism	Some groups are free and some are offered at a sliding scale: https://xminds.org/events-calendar	English & Spanish
Down Syndrome Network of Montgomery County	Parents of children living with Down Syndrome	Monthly conversation groups: https://dsnmc.org/news-events/calendar.html	English & Spanish
Maryland Coalition of Families	Individuals living with and caregivers of people living with behavioral health challenges (including mental health conditions and substance use or gambling issues)	Various groups available: https://www.mdcoalition.org/support_group/	English & Spanish
Montgomery County Federation of Families for Children's Mental Health	Parents or caregivers of a young person living with a mental health condition or behavioral health challenge	Various groups: https://www.mcfof.org/events	English
NAMI Montgomery County	For families or individuals living with mental health conditions	Various groups: https://namimc.org/zoom/supportgroups/	English & Spanish
The Image Center of Maryland	Adults living with disabilities in the community or in a nursing facility	"Live & Thrive" group meets on the third Friday of each month at 2 pm: https://imagemd.org/events/	English
The Arc Maryland and People on the Go Maryland	Self-Advocate group for adults living with disabilities	No regular schedule, contact Mat Rice of the Arc Maryland at mrice@thearcmd.org	English