



Have you ever been really hungry, but you don't know how to cook? Well, you're in luck, this semester we are offering Independent Living Class that will include a few cooking classes. Not only will you learn to cook a few recipes, we will also be focusing on other aspects of becoming an adult. We will explore ways to stay connected while living on your own during the pandemic. We will also learn different technology that can help us be more Independent. But most importantly, you will be spending time with old and new friends! No experience needed to join. This session we are offering Independent living once a week. You can choose either Sundays from 2pm-3pm or Mondays 3:30-4:30pm. This course is a total of 8 classes

**FEE \$250**

**DATES:**

**SUNDAY:**

JANUARY 17TH 24TH AND 31ST  
FEBRUARY 7TH 14TH 21ST AND 28TH  
MARCH 7TH  
OR

**MONDAY:**

JANUARY 11TH AND 25TH  
FEBRUARY 1ST, 8TH 15TH AND 22ND  
MARCH 1ST 8TH AND 15TH



For more information contact Allison Bohn at [abohn@jubileemd.org](mailto:abohn@jubileemd.org) or 301-524-5377