

PHASE II
JUBILEE ASSOCIATION OF MD
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AUGUST 2018 PHASE 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			**808 Horton Drive Coffee and Discussion of new thoughts/ ideas for PhaseII 12pm-1pm Bring a Bag		10am-11am Meet at Jubilee Office 11am -12:30pm **Arts n Crafts at the Jubilee office 12:30 Out for Lunch 2:30pm Return	

			Lunch 1pm-2:30pm Table games/ Summer Crafts 2:30pm-3pm Down Time and Prepare to depart for home.		to Jubilee office for Departure to home.	
5	6	7	8	9	10	11
	**14420 Sandy Ridge Coffee Chair exercises 12pm-1pm Bring a Bag Lunch 1pm-2:30pm Summer Painting Activities 2:30pm-3pm Down Time and Prepare to depart for home.		**808 Horton Drive 10am-12n Coffee and Trivia 12n-1pm Bring a Bag Lunch 1pm-2:30pm Manicures/Nail Painting 2:30pm-3pm Down Time and Prepare to depart for home.		10am-11am Meet at Jubilee Office 11am **Visit the Animal Sanctuary at Poplar Springs in Poolsville. 2:30pm Return to Jubilee office for Departure to home.	
12	13	14	15	16	17	18
	**14420 Sandy Ridge Road Let's Reminisce/ Group Discussion		**808 Horton Drive 10am-12n Morning Yoga Stretches 12n-1pm		**10am-11am Meet at Jubilee Office 11am **Montgomery County Fair	

	<p>12n-1pm Bring a Bag Lunch 1pm-2:30pm Scrapbooking 2:30pm-3pm Down Time and Prepare to depart for home.</p>		<p>Bring a Bag Lunch 1pm-2:30pm Hand Massages 2:30pm-3pm Down Time and Prepare to depart for home.</p>		<p>2:30pm Return to Jubilee office for Departure to home.</p>	
19	20	21	22	23	24	25
	<p>**14420 Sandy Ridge Road 10am-12n Armchair Movement 12n-1pm Bring a Bag Lunch 1pm-2:30pm Sing A Long 2:30pm-3pm Down Time and Prepare to depart for home.</p>		<p>**808 Horton Drive 10am-12n Coffee and Current Events 12n-1pm Bring a Bag Lunch 1pm-230pm Knitting hour 2:30pm-3pm Down Time and Prepare to depart for home.</p>		<p>**10am-11am Meet at Jubilee Office 11am **Visarts Exhibition Tour 2:30pm Return to Jubilee office for Departure to home.</p>	
26	27	28				

	<p>**14420 Sandy Ridge Road 10am-12n Wake up with Morning Stretches 12n-1pm Bring a Bag Lunch 1pm-2:30pm 2:30pm-3pm Summer Music & Dancing Down Time and Prepare to depart for home.</p>		<p>**808 Horton Drive 10am-12n Music Therapy Class 12n-1pm Bring a Bag Lunch 1pm-2:30pm Bingo Time 2:30pm-3pm Down Time and Prepare to depart for home.</p>		<p>10am-11am Meet at Jubilee Office 11am **Trip to Lake Neewood 2:30pm Return to Jubilee office for Departure to home.</p>	