



Relief Crafters of America

How to make a Pleated Face Mask

Materials:

- Cotton Woven Fabric
- Round Cord Elastic 1/8" or you may also use 1/8" flat elastic)
- Two sizes: Adult (cut 9x6") or Child (cut 7.5 x 5")

1. Put right sides of cotton fabric together
 2. Cut rectangles for 9x6 (Adult) or 7.5 x 5 (Child) (add a 1/4" seam allowance)
 3. Starting at the center of the bottom edge, sew to the first corner, stop.
 4. Cut the elastic 7" long; knot each end.
 5. Straight stitch the elastic with the edge out into the corner. A few stitches forward and back will hold this.
 6. Sew to the next corner. Stop. Bring the other end of the same elastic to the corner. Sew a few stitches forward and back.
 7. Sew across that top of the mask to the next corner. Place an elastic with the edge out.
 8. Sew to the next corner. Stop. Sew in the other end of the same elastic. (ear band loop is now closed)
 9. Sew across the bottom leaving about 1.5" to 2" open. Cut the thread. Turn inside out.
 10. Pin 3 tucks on each side of the mask (tuck facing downward) Make sure the tucks are the same direction and even widths.
 11. Sew around the edge of the mask twice.
- *Place fabric print in a horizontal direction before cutting.*
 - *Follow RCoA instructions for final wash/dry and preparation for shipping.*

Yield Estimates:

44" fabric (folded)

1 yd = 12 adult masks

1 yd = 16 child masks

