

# JUBILEE QUARANTINE AND ISOLATION PROTOCOL

CURRENT AS OF MAY 15, 2020

**This document is supplemental to the Jubilee COVID-19 Protocol. Use this additional protocol when a client is diagnosed or suspected of having COVID-19 and is required to remain at home under Jubilee's care.**

1. Communicating with the Program Manager and Nurse. Remain in regular communication with your Program Manager and the Jubilee nurse.
2. Separate Bedroom and Bathroom. The person with COVID-19 should be confined to their bedroom and have a dedicated bathroom that healthy people are not using. Only people required to provide support may enter. No visitors. Not pets.
3. Eating. Food should be brought to the room of the person with COVID-19.
4. Obtaining Personal Protective Equipment (PPE). Someone from Jubilee's administrative team will drop off PPE at the home. PPE will include masks, gloves, gowns, and protective eyewear. Note that the type of mask (N95 or surgical) you are provided will depend on what Jubilee has in stock.
5. Use of PPE
  - a. The person with COVID-19 should wear a mask (typically a surgical mask) as much as possible and at least when in the same room as others if possible.
  - b. DSPs supporting people with COVID-19 should wear a mask (typically an N95 mask) and protective eyewear throughout their shift in all parts of the house.
  - c. Gloves should be worn during care for a person infected with COVID. Gloves should be disposed after care, and hands should be washed.
  - d. Gowns should be worn when caring for a person infected with COVID and removed when caring for a person not infected with COVID.
  - e. View this video for instructions on how to wear and take off PPE:  
<https://www.youtube.com/watch?v=quwzg7Vixsw>.
  - f. A Jubilee nurse will train each person using an N95 mask on proper use.
6. Storage and Disinfection of PPE Between Each Use
  - a. Gowns: Each gown should be hung on its own hook and sprayed with Lysol after each use. Jubilee will provide adhesive hooks that should be placed on the wall outside the room of the person infected with COVID-19. There should be one hook for each gown, spaced far enough apart so that the gowns will not touch each other. The wall and hooks should also be disinfected once the hooks are placed.
  - b. N95 Masks: The N95 mask should be placed in a paper bag labeled with the employee's name for a minimum of 24 hours between uses.
  - c. Eyewear: Eyewear should be washed with soap and water between each use and stored in a paper bag.
  - d. Gloves: Gloves should not be reused and should be disposed of after each use.
  - e. Wash hands with soap and water after removing PPE.
  - f. To dispose of PPE, place it in a new trash bag and tie it closed. Then place that tied trash bag in another trash bag and tie it closed as well. It may then be placed with other trash.

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7. DSP Clothing. DSPs caring for someone with COVID-19 at a Jubilee home should bring a separate set of clothes in a bag with them to work. They should change into these clothes when they arrive at their worksite to begin their shift. They should change out of the clothes before leaving to go home. Separate shoes should be used when possible.
8. Enhanced Precautions.
  - a. The infected person should not share dishes, drinking glasses, cups, eating utensils, towels, clothes or bedding with other people or pets in your home. After using these items, they should be washed thoroughly with soap and water/dishwasher.
  - b. Increase frequency of hand washing.
  - c. Continue to disinfect high touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables.
  - d. Maintain maximum social distancing possible.
9. Worsening Symptoms.
  - a. If symptoms worsen, call the nurse and follow her instructions.
  - b. **NEW: If fever is above 102 degrees or oxygen level is below 90%, call 911 immediately.**
  - c. When contacting healthcare providers, inform them that the person has been diagnosed or is being evaluated for COVID-19.
  - d. If the person you support has to go to the hospital via ambulance:
    - i. Make sure you find out which hospital the person will be taken to and how Jubilee can contact the hospital.
    - ii. Provide the medics with the person's information regarding medications, emergency contacts, COVID-19 status, recent temperature readings, and other relevant information about the person's health condition and needs.
    - iii. DSPs will likely not be permitted to accompany the person they are supporting to the hospital, due to isolation procedures.
    - iv. Stay in regular communication with your Program Manager.
10. Discharge from Isolation. People with confirmed COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low. The decision to discontinue home isolation precautions should be made on a case-by-case basis and in consultation with the nurse, healthcare providers, and state and local health departments.